

BACPR Guidance: Minimum Criteria for Discharge Summaries

Cardiovascular Rehabilitation Programme discharge letters should include the following (order may vary depending on local guidance):

Patient details – Name / DOB / NHS number / address

Diagnosis and Treatment:

Brief summary: Cardiovascular Reh	abilitation Journey
Latest BP (date):	
Latest Heart rate (date):	
Recent Cholesterol Profile (date):	
Recent HbA1c (date):	
Anthropometrics (this may include	e):
Weight	
Height	
• BMI	
Waist Measurement	
Smoking Status: Pre:	Post:
Alcohol (units/week): Pre:	Post
Pre to post outcome scores (include	ding functional capacity tests)
Questionnaires results (including r	mood, quality of life, self-reported physical activity)
Onward referrals:	
Actions for Primary Care (may incl	lude):
CVD register	
Heart Failure register	
Current medications: as reported l	by patient /other (date):

On-going Patient Goals/ Actions for Patient:		
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NB: All the above may have individualised targets depending on the patient.		
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